



Wendy Shugar

is a highly energetic yet professional Hiking guide, life coach and author who's passionate work ethic, humble persona, and has an unparalleled approach to life coaching at all levels. Born and raised near Malibu, Ca and currently living in Oregon. Wendy enjoys turning the process of helping you harmonize your energy, discover your most authentic self, and redefine your life's purpose into an incredibly beautiful lifetime experience.



Wendy's mission is to help people maximize their personal success through a better understanding and more effective communication of their unique strengths, abilities, passions, health and values. She believes that EVERYONE can reach their DREAMS with the help of Peace, Love and Happiness! A blend of skill, proficiency, enthusiasm, and experience has given a distinctive edge to Wendy's talent while her composed and professional demeanor has gained her much prestige, which has added to her wonderful experience; making her an asset to any life coaching client she connects with.

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www.happyhikersfitness.com

happyhikersfitness@gmail.com

818.535.0670

